

**SILETZ VALLEY MIDDLE/HIGH SCHOOL
ATHLETIC HANDBOOK**

2026-2027



Table of Contents

Athletic Mission Statement	2/3
Objectives of Participation	4
General Guidelines	5
Eligibility	6
Eligibility form requirements (Middle and High School Students)	6
Student Insurance	6
Academic Eligibility (High School)	6
Academic Eligibility (Middle School)	7
Foreign Exchange Student Eligibility	7
Students who Co-op with Another School	7
Attendance Policy	7/8
Requirements for Participation in a Sport	9
Sports Injuries (In and Out of Season)	9
Medical Release	9
Concussion	9/10
Participation in Two Sports in One Season	10
Joining/Changing Sports During a Season	10
Practices & Contests	11
Team Rules	11
Practice Times	11
School Attendance/Discipline & Participation in Athletics	11/12
Ejections	12
Unexcused Absences from Practices/Contests	12
Conditioning/Practices – In Season	12
Conditioning/Practices – Off Season	12
No-Contact Week	13
Behavior Expectations	14
Personal Appearance and Conduct	14
Distractions & Disruptions	14
Athletic Equipment	14
Additional Student Conduct: hazing/harrassment	14/15
Transportation	15
Meal Stop Guidelines	15
Eating on First Student Buses	15
Conduct & Substance Use/Abuse Policy	16
Conduct Incidents	16
Drugs/Alcohol/Vape/Tobacco Use Incidents	16/17
Awards	17
Letters	17
Athletic Awards	17
Statement of Understanding –Siletz Valley High School & Middle School Athletic Handbook	18

Athletic Mission Statement

Siletz Valley School District believes that a dynamic program of student activities is vital to the educational development of the student.

The Siletz Valley High School and Middle School Athletic Programs should provide a variety of experiences to enhance the development of positive student habits and attitudes that will prepare them for adult life in a democratic society.

Athletics should function as an integral part of the total curriculum. It should offer opportunities to serve the institution, to assist in the development of positive relationships and goodwill, to promote self-realization, all-around growth, and good citizenship qualities.

Athletics is an important part of life at Siletz Valley High School and Middle School. Young people learn a great deal from participation in interscholastic athletics. Lessons in sportsmanship, teamwork, competition and how to win and lose gracefully are integral parts of our athletic program. Athletic participation also plays an important part in helping students develop a healthy self-concept as well as a healthy body. Athletic competition also improves school spirit and helps students develop pride in their school.

The major objective of the program is to provide wholesome opportunities for students to develop positive leadership habits and attitudes of social and group interaction.

Coach leadership should be of the highest quality and should provide athletes with examples of exemplary behavior. Measurement of leadership success should not be measured in terms of the tangible evidence of the victories and defeats. Instead character, courage and integrity should be major objectives of the athletic program.

The athletic program should always be consistent with the general objectives of the school. The athletic administration should be oriented to general policies of the institution. At no time should the program place the total educational curriculum secondary in emphasis; program leaders should constantly strive for the development of well-rounded individuals, capable of taking their place in modern society.

We believe that the opportunity for participation in a wide variety of student-selected activities is a vital part of a student's educational experiences. Such participation is a privilege that carries with it responsibilities to the school, to the activity, to other students, to the community and to the athletes themselves. These experiences contribute to the development of learning skills and emotional patterns that enable the student to achieve maximum benefit from his or her education.

Siletz Valley High School and Middle School student activities are considered a supplement to the school's academic program which strives to provide experiences that will help to develop students physically, mentally, socially and emotionally.

The interscholastic athletic program shall be conducted in accordance with existing Board of Education policies, rules and regulations. While the Board of Education takes great pride in winning, it does not condone "winning at any cost" and discourages any and all pressures which might tend to neglect good

sportsmanship and good mental health. At all times, the athletic program must be conducted in such a way so as to justify it is an education activity.

The activities program should be available to all students who demonstrate an interest in participating, regardless of their individual abilities. Accordingly, appropriate skill levels should be established within activities, when feasible, so that students may participate as fully as possible regardless of ability levels.

Every effort should be made to support the activities program with the best facilities, equipment and with the most qualified staff available. Coaches, directors and sponsors should also teach the specific skills necessary for improvement in activities and provide guidance in the development of self-realization, good sportsmanship, cooperation, leadership, ethical behavior, artistic sensitivity and an appreciation for the importance of practice.

The ultimate goals of the activities program should be: 1) to realize the value of participation without overemphasizing the importance of winning and 2) to develop and improve positive citizenship traits among the program's participants.

Objectives of Participation

- To provide a positive image of school athletics at Siletz Valley High School & Middle School.
- To strive always for playing excellence that will produce winning teams within the bounds of good sportsmanship while enhancing the mental health of student athletes.
- To ensure growth and development that will increase the number of participants; that will give impetus to increased contest attendance; that will enhance a program of maintenance and improvement of athletic facilities.
- To provide opportunities that will allow the program to serve as a laboratory where students may cope with problems and handle situations similar to those encountered under conditions prevailing in the contemporary world. The laboratory should provide adequate and natural opportunities for:
 1. Physical, mental and emotional growth and development.
 2. Acquisition and development of special skills in activities of each student's choice.
 3. Development of characteristics such as commitment, loyalty, cooperation, fair play and other desirable social traits.
 4. Directed leadership and supervision that stresses self-discipline, self-motivation, excellence, and the ideals of good sportsmanship that make for winning and losing graciously.
 5. A focus of interests on activity programs for the student body, faculty and community that will generate a feeling of unity.
 6. Achievement of initial goals as set by the school in general and the student as an individual.
 7. Provisions for worthy use of leisure time in later life, either as a participant or spectator.
 8. Participation by the most skilled that will enable these individuals to expand possibilities for future vocational pursuits.
- To provide a superior program of student activities that includes appropriate activities for every participant.
- To provide an opportunity for students to experience success in those activities he or she selects.
- To provide sufficient activities to respond to a wide variety of student interests and abilities.
- To provide student activities which offer the greatest benefits for the greatest number of students.
- To create a desire to succeed and excel.
- To provide for the students' worthy use of leisure time now and in the future.
- To develop high ideals of fairness in all human relationships.
- To practice self-discipline and emotional maturity in learning to make decisions under pressure.
- To be socially competent and operate within a set of rules, thus gaining a respect for the rights of others.
- To develop an understanding of the value of activities in a balanced educational process.

General Guidelines

Athletics must reflect ethical and educationally sound instructional practices. The students taking part in the program are expected to conduct themselves in an exemplary manner as they are representatives of Siletz Valley High School District, our community and Alumni.

The health and welfare of the participants is of primary consideration. Adequate physical examination, insurance coverage, and supervision of recovery time for illness or injury will be provided. Length of practice sessions, number of practices, number of games and strenuous trips will be carefully planned, taking into consideration the age of pupils and the physical, emotional, and academic demands upon the participants.

The athletic program shall be conducted in accordance with the rules and regulations of the Oregon School Activities Association and the policies and regulations set forth by the Board of Education and administration of the school district. The interscholastic athletics program will be evaluated to determine the achievement of its objectives.

The rules and policies described in this handbook will be followed at all times except when they conflict with the OSAA or League rules. All obligations to the OSAA and the league will be met first when a conflict arises. Deviation from this handbook will not occur unless approved by the Athletic Director.

Siletz Valley School District is a member of the Oregon School Activities Association (OSAA) which allows it to play other member schools in the state and to compete in the Mountain West league for berths to the state play-offs. Failure to follow the rules set down by the OSAA and the Mountain West league can result in the school being declared ineligible in all sports, a fine, forfeiture, or ineligibility to play in the state playoffs.

Eligibility

Participation in all high school and middle school activities/athletics shall be governed by the Oregon School Activities Association (OSAA) rules and Siletz Valley School District eligibility requirements. The superintendent will, in accordance with OSAA requirements, authorize eligibility for certified special education students and emergency situations for physical and other handicaps.

Eligibility form requirements (Middle and High School Students)

1. State-Approved Physical Form : Physicals on file are valid for only two calendar years from the date of the exam. Students are encouraged, but not required, to get a physical each year. A student with a history of poor physical health may be required by the superintendent/designee to have a yearly exam. Physicals over one year old will be acceptable for the upcoming year only if dated after the end of the spring sports season.
2. Athletic Permission Slip Form : Signature verifies compliance with district athletic policies as outlined in this Athletic Handbook and acknowledges the possibility of death or serious injury from sports.
3. Annual History Update Form : Updates athletic records on address, medical and insurance information, and permission to participate in a sport.

These forms must be turned in to the athletic director PRIOR to ANY participation in a sport, either practice or competition.

Student Insurance

The Oregon School Activities Association (OSAA) requires that all students be covered by accident insurance to compete in interscholastic activities. The parent and student may either purchase insurance made available through the school or be covered by their own private policy. Individuals who use their own policy must file the name of the insurance company and the policy number with the athletic director. School provided insurance is offered through a private carrier. Football insurance through this private carrier is a policy separate from coverage for other sports. Football insurance only covers the sport of football. Additional coverage must be purchased in order to participate in other activities.

Academic Eligibility (High School)

High School students must be enrolled in and passing five classes of an approved graduation schedule and must maintain satisfactory behavior in order to participate in extracurricular activities. Seniors who do not take at least five classes cannot participate in athletics. Seniors who have only five or six classes must be passing five of their classes; else they will be either on probation or ineligible (see below).

A list of failing students and those with unsatisfactory behavior (which shall be treated as a failing grade) shall be compiled each Monday and given to coaches by the end of that day. The list shall consist of students that after the first 3 weeks of the season grade check. Students who are failing two or more classes for the first time will be listed in the homework club category.

Students who are receiving failing grades or unsatisfactory behavior for two or more consecutive weeks in any two or more classes will be ineligible to participate in games. The student will be declared ineligible for extra-curricular activities and travel to away games until the next list is published and the student is no longer failing more than one class. The ineligible student shall not compete in contests

during the week of ineligibility but will be required to practice unless released by the coach under the supervision of an instructor for academic reasons. Games during a vacation period will be determined by the last eligibility check. Eligibility will run from Tuesday to next Monday.

Students that have shown academic struggles will be enrolled in the Athletic Study class 8th period of their student schedule.

Academic Eligibility (Middle School)

Middle school students will have similar criteria as high school eligibility and have satisfactory behavior. Students whose names appear on the list in any two or more classes for a failing grade or unsatisfactory behavior will be listed in the probation column the first week. Students whose names appear on the principals list for two or more failing grades or unsatisfactory behavior in two classes or more for two or more weeks will be listed in the ineligible to participate list. The student will be declared ineligible for extra-curricular activities until the next list is published or a program is worked out with the teacher and athletic director. The ineligible student shall not compete during the week of ineligibility, but will be required to practice unless released by the coach under the supervision of an instructor for academic reasons. If a student is ineligible for two consecutive weeks, s/he will be required to meet with the head coach and administration to see if s/he may continue to participate in the sport. Games during a vacation period will be determined by the last eligibility check. Eligibility will run from Tuesday to next Monday.

Foreign Exchange Student Eligibility

In order for a Foreign Exchange Student to be eligible they must meet all of the eligibility requirements set down by the OSAA for foreign exchange students. The exchange student will be expected to demonstrate basic fundamentals of that sport at a level expected of other athletes currently participating at the varsity level. Exchange students who cannot demonstrate the basic fundamentals will not be allowed to participate at the varsity level. Exchange students registered as seniors will not be allowed to participate at the junior varsity level unless granted an exception by the league.

Students who Co-op with Another School

Students who choose to co-op with another school will be held to the other school's eligibility requirements. He/She will, however, be kept on Siletz Valley High School & Middle School eligibility sheet for tracking purposes only.

Attendance policy

All athletes in the Siletz are expected to attend all of their classes and be in good standing. If an athlete:

- Has an absence that is not prearranged or has a note from parent or appointment then the following will occur:
 1. On the day of competition, the athlete will miss half or more of that day's contest. Next unexcused will result in missing the next game or contest.
 2. On a practice day, the athlete will be allowed to participate in practice. This may constitute a loss of playing time as determined within team policy and coach discretion.

*If a student athlete is absent from school on Thursday or the last day of the school week, and is deemed unexcused, he/she will not be allowed to participate in, or attend a game or match during the weekend.

The Athletic Director will have the final decision on what is acceptable/unacceptable, including absences due to illness and/or injury

Athletic participation is a privilege that is granted to students in good standing. With that privilege comes responsibility. While an athlete is serving Out-of-School suspension (OSS), he/she cannot come to school for any practice or participate in any contest. He/She is also required to miss the next contest if they did not miss a contest while serving their suspension. In addition, coaches may see fit to discipline an athlete further for misbehavior in school.

Requirements for Participation in a Sport

For any athlete to be eligible to turn out for a sport the following requirements must be met:

- A. Parent/Guardian must meet in the pre-season with the coach.
- B. Proof of insurance must be turned in to the Front Office to be on file and added to Annual History Update Form.
- C. A physical examination must be turned in to the athletic director or be on record from the previous year.
- D. A compliance statement indicating that the student and the parent(s) have read and agree to comply with the policies covering Siletz Valley High School & Middle School athletes must be signed and turned in to the athletic director.

NO ATHLETE MAY TAKE PART IN ANY PRACTICE OR CONTEST WITHOUT MEETING ALL OF THESE REQUIREMENTS.

Sports Injuries (In and Out of Season)

Any injury that an athlete has seen a healthcare professional for, either prior to or during a sports season, requires a doctor's note of release before that athlete can practice or play in competitions. This release must be from a medical doctor and a copy of it must be put on file with the athletic department. No athlete may participate after seeing a doctor without a release from a doctor.

The Superintendent, Athletic Director, or Head Coach of a particular sport may restrict an athlete's participation even with a doctor's release if they feel it is in the best interest of the athlete or those they compete against.

MEDICAL RELEASE

When a participant is referred to a medical doctor (licensed physician) for an injury that requires medical attention, the participant will not be allowed to participate in that sport or any other sport until a written release is submitted to the school activities coordinator from the medical doctor (licensed physician).

CONCUSSION

Annual concussion training will occur for coaches of every sport provided by NFHS/OSAA.

A. Recognize

A student who experiences a bump, blow or jolt to the head, any area above the collarbones, and exhibits one or more signs of a concussion will be immediately removed from play or practice. The NFHS/CDC concussion signs and symptoms list must be completed. The checklist contains observed signs, physical, cognitive, and emotional symptoms to monitor. The checklist will be submitted with a completed Student Accident Report to the Health Clerk the school day following the injury.

B. Remove

An athlete who exhibits signs or symptoms of concussion, or has abnormal cognitive testing, should not be permitted to return to play on the day of the injury. "When in doubt, sit them out."

C. Refer

If one or more signs or symptoms of concussion are present, refer the student to a healthcare provider for care and follow up, including return to practice and play instructions. Notify a guardian. Approved professionals include: physician (MD), physician's assistant (PA), doctor of osteopathic medicine (DO) licensed by the Oregon State Board of Medicine; or nurse practitioner licensed by the Oregon State Board of Nursing.

D. Return

Concussion results are available for providers to review and repeat tests may be conducted by a school upon provider request. The completed concussion signs and symptoms checklist and all documentation are submitted to the athletic director and put in the student's file.

Participation in Two Sports in One Season

An athlete will be allowed to go out for two sports during a sports season as long as the athlete declares his/her intentions within the first three weeks of the first day practices occur and an agreement has been made between the coaches of both sports as to how practices and contests will be attended. If a suitable arrangement cannot be made between the two coaches and the athlete, the athlete will only be allowed to go out for one sport. In addition, the school athletic director must approve each arrangement in writing. When there is conflict of the two sports happening on the same day, the team sport (baseball in the spring, which requires a certain amount of players to be able to compete as a team and whose record may have league and state playoff implications) will come first and the athlete will be required to attend that contest over the other sport. Any violation of this will result in the termination of two-sport status, and the athlete will immediately have to choose the sport in which he/she will compete.

Joining/Changing Sports During a Season

The athlete must meet with both coaches of the sports involved and the athletic director, and all agree the change will benefit the student athlete and the athletic programs. In addition, students may not join a team after the first three weeks of practice unless an injury documented by a physician has prevented them from participating earlier OR permission to do so has been obtained from the Athletic Director.

Practices & Contests

Team Rules

Specific rules for each sport will be issued by the head coach of that sport at the beginning of practices. Such rules will be used in conjunction with the overall athletic policies as stated in this handbook and by school district and OSAA/NFHS policy. These team rules may be stricter than school rules (with the exception of eligibility, which shall be the same as stated in these policies), but may not be less strict. If a conflict between team rules and school district policy arises, the school district policies shall take precedence.

Practice Times

The head coach of each sport will establish practice hours. Consideration of facility availability and sound coaching and health considerations will be addressed. No practices shall run later than 9:30 pm on school nights and start no earlier than 5:30 am.. If there is no school, coaches will decide if and when practice will be held. No mandatory practices may be held on Federal Holidays without exception.

Weekend practice and meetings are discouraged. However, Saturday and Sunday practices or meetings will be allowed for varsity teams under the following guidelines:

1. All practices and meetings shall be voluntary for student athletes. An excuse will not be required from the student athlete, nor shall they be disciplined or harassed because of their absence.
2. All practices and meetings will be no longer than three hours in length and shall be completed no later than 9:00 pm unless approved by the Athletic department.
3. This policy does not apply to play-offs.

School Attendance/Discipline & Participation in Athletics

All athletes in the Siletz Valley School District are expected to attend all of their classes and be in good standing. If an athlete:

- has an absence (in any half day of school) that is not prearranged

then the following will occur:

1. On the day before or day of competition, the athlete will not start and may miss some or all of the game or contest.
2. On a practice day, the athlete will not be allowed to participate in practice. This will count as an unexcused practice which may constitute a loss of playing time as determined within team policy.

*If a student athlete is absent from school on Thursday or the last day of the school week, and is deemed unexcused, he/she will not be allowed to participate in, or attend a game or match during the weekend.

The Athletic Director will have the final decision on what is acceptable/unacceptable, including absences due to illness and/or injury

Athletic participation is a privilege that is granted to students in good standing. With that privilege comes responsibility. While an athlete is serving Out-of-School suspension (OSS), he/she cannot come to school for any practice or participate in any contest. While serving In-School suspension He/She is also required to attend practice as long as ISS is not for issues of violence. In addition, coaches may see fit to discipline an athlete further for misbehavior in school once reviewed with the Athletic Director.

Note: As a reminder, students may not attend extracurricular events on days they are absent from school.

Ejections

Any player or coach/assistant coach who receives two (2) ejections from any sport within the same school year must:

- Meet with the administration to discuss behavior.
- Player and/or coach must complete OSAA sportsmanship class.
- Upon receiving a second ejection, the player/coach will be responsible for paying the OSAA fine.

Unexcused Absences from Practices/Contests

Any athlete who attends school but who does not attend practice/contest without a valid excuse (valid excuses include doctor or dental appointments, funerals, religious holidays, and special family problems) will be considered unexcused from practice/contest. If a student is absent from school and they do not have a parent/guardian contact the office to excuse the absence, they will be considered unexcused until contact is made with the office in writing excusing the absence.

Any athlete unable to practice/play because of injury is expected to be present at each practice/contest or be rehabilitating under a physician's guidance.

Consequence for unexcused absences from school and/or practice: An athlete will miss a percentage of the next contest, as determined by the coach of that sport.

Conditioning/Practices – In Season

During a sports season that a student athlete is out for they are expected to attend all practices and contests. Exceptions may only be granted by the coach. Conditioning is done in practices to help prevent injuries and build athletic endurance. Athletes must be present for that to happen.

Conditioning/Practices – Off Season

Conditioning is defined as a session where students work on physical fitness and conditioning using weights, running and/or calisthenics. Practice is defined as any organized session in which the coach of a sport, whether head coach or assistant coach, is teaching aspects of that sport to students in a physical manner (physical education classes excepted).

An off-season conditioning program should only be developed for athletes to promote a healthy lifestyle.

All off-season conditioning and practices must be done in conjunction with OSAA rules. Currently the OSAA rule is called the "Rule of Two." No coach may coach more than two athletes in a day when they are out of season. This rule does not apply to track and field, as it only applies to team sports.

The participants involved in off-season conditioning and practicing will be allowed use of the facilities as long as they are not a distraction to in-season practices going on, do not conflict with a school or community event, and have permission from the coach who is practicing and/or another supervisor or coach is present. Any athlete who is still in-season for a sport may not participate in off-season conditioning or practices for another sport. An exception may be made for open gym only if the coach of the sport they are currently in-season for gives permission.

All off-season conditioning sessions shall be voluntary, with no penalty levied on those not present other than loss of the opportunity to refine and improve skills.

No-Contact Week

A seven-day Moratorium Week has been established by the OSAA. During this week, there shall be no contact between high-school athletes and high-school coaches. There may not be any open gyms, conditioning sessions, or team camps held at high school facilities. The intent of the week is to give athletes and coaches a week off prior to the beginning of fall sports.

Behavior Expectations

Personal Appearance and Conduct

It is the philosophy of the Siletz Valley School District that each athlete will positively reflect the individual school and the school district in his/her appearance and conduct before, during, and after all competitions and practices. Clothing should be in good condition and comply with school district policy for athletes traveling to and from games. Coaches may require specific dress for certain contests and practices, which will be made known to players before each game and practice session of the season. Clothing (appropriate shirts and shorts) will be worn while on campus after practices while on school grounds.

Distractions & Disruptions

In order to minimize the distractions during practices and contests, coaches may restrict any item or conduct that they deem to be a distraction or a disruption.

Athletic Equipment

Siletz Valley School District athletic gear, game or practice, will not be allowed to be worn in physical education classes or at any other time except those specified by that particular sport, unless otherwise designated by the Athletic Director (i.e. Homecoming or game day).

At the beginning of each sport season each athlete is issued athletic uniforms and equipment for the individual sport. The equipment belongs to the school and is only on loan to the athlete. He/she is responsible for its care, and is expected to return it at the end of the season, cleaned and with only normal wear and tear.

At the conclusion of the sports season athletes are expected to turn in their cleaned gear promptly within a timeline set by the head coach. The athlete will be charged for loss of equipment, uniforms not returned and/or any damage to uniforms or equipment including improper cleaning. The athlete will not be allowed to turn out for another sport and letters earned will not be given until the charges of the previous sport are paid in full or the cleaned gear is turned in.

Metal cleats or spikes will not be allowed in any part of the building including the locker rooms except on the rubber mats by the entryway. Rubber cleats may be worn in the locker rooms only.

Siletz Valley School District is not responsible for items stolen or lost because of items not being locked up or unlocked locks.

Additional Student Conduct: (Hazing, Harassment, Intimidation, and Bullying)

Siletz Valley School athletics emphasizes the positive values of teamwork, respect, responsibility, and good sportsmanship. As such, hazing, intimidation, bullying, menacing, and cyberbullying have no place in school athletics. Some important things to know about hazing:

- Hazing is prohibited under Oregon Law, [ORS 163.197](#), under which hazing is a criminal violation.
- Expressed or implied consent of the person subject to hazing is not a defense.

- Apathy and ignoring hazing are not neutral acts. If you see hazing, intimidation, or bullying of any kind, report it to a parent, coach, and administrator.
- For more information concerning district policy about hazing, harassment and intimidation, please see Siletz Valley School Board Policies GBNA-AR and JFCF.
- In addition to possible legal consequences, students found in violation of Anti-Hazing and Harassment policies will be subject to consequences which may include discipline up to and including expulsion.

Transportation

If First Student Transportation is used, the arrangements for transportation of athletic teams will be made upon request by the building athletic director as approved by the principal.

MEAL STOP GUIDELINES

Coaches will communicate meal stops with the athletic director, transportation driver, families, and players.

GUIDELINES GOVERNING EATING ON FIRST STUDENT BUSES

There are three problems associated with eating on a school bus. The first is a very real possibility of choking or other incidents while eating. The second problem is the possibility of injury from broken glass if glass containers for drinks are used. The other involves the mess left on the bus. Common sense, good judgment, communication, and good planning should prevent any problems from occurring.

A. The person in charge of the group taking the trip will discuss the planned itinerary with the driver before departure. At that time, the need for meal stops should be determined. If stops are not possible, provisions can be made for planned, organized, non-messy sack lunches, with non-breakable drink containers.

B. Responsibility for distribution of the lunches and collection of the trash falls upon the person responsible for the group. If the bus is not left clean after the trip, a clean-up fee will be charged.

C. If meal stops are made at fast food or convenience markets, purchases should be consumed there. If that is not possible, the above requirements apply to the food purchased there.

Conduct & Substance Use/Abuse Policy

A student shall not possess, use, be in association with, transmit, possess paraphernalia, or be under the influence of any narcotic drug, hallucinogenic drug, alcoholic beverage, drug look-alike, tobacco product or intoxicant of any kind on the school grounds or off the school grounds at any school activity, function, or event. Use of a drug authorized by medical prescription from a registered physician shall not be considered a violation of this rule unless it is deemed abuse. Parents shall notify the school administration of any medical prescription for their children and openly send to school the amount that is prescribed for that period of time in which the child attends school. Medicine should be in the container in which it was dispensed and left in the high school/middle school office.

Violation of the conduct and substance use/abuse policy by a student will initiate administrative action as follows:

Conduct (Behavioral) Incidents

First Incident: Students being associated with unlawful acts such as but not limited to attending a party where alcohol or drugs are being consumed is not acceptable conduct. Students are expected to avoid environments where inappropriate/unlawful behaviors are taking place. Students also need to avoid a pattern of negative behavior at school. Students found to be involved in these behaviors may be in jeopardy of losing some athletic eligibility and possibly loss of playing time depending on the incident. If necessary suspensions from contests may carry over from one sport to the next sports season the athlete participates in.

Future Incidents: Students continuing to associate with negative behaviors may lose up to four weeks of eligibility and up to one half of the total scheduled contests for that sport. Other consequences may include removal from participation of the current sport for the remainder of the season or the remainder of the school year, or the remainder of their high school athletic eligibility.

Drugs/Alcohol

First Offense: The student will meet with the Athletic Director and school principal. Disciplinary action may include suspension from practices and contests for up to two weeks. Students will not be able to attend away games during the athletic suspension period. Students will enroll in our diversion program.

Second Offense: The student will immediately be ineligible for further participation in any athletic program at Siletz Valley High School & Middle School for the rest of the season or 6 weeks of athletics.

Continued Offense: The student will no longer be able to represent Siletz Valley High School & Middle School as an athlete without meeting with the superintendent for possible reinstatement.

Tobacco/Vaping Use Incidents

First Offense: The student will meet with the Athletic Director and coach. Disciplinary action may include suspension from practices and contests for up to a week. Students will not be able

to attend away games during the athletic suspension period. Students will enroll in our diversion program.

Second Offense: The student will immediately be ineligible for further participation in any athletic program at Siletz Valley High School & Middle School until an assessment is completed and plan for assistance is formulated.

Continued Offense: The student will no longer be able to represent Siletz Valley High School & Middle School as an athlete for the remainder of the season.

Awards

Letters

All athletes participating in interscholastic sports, and who have finished the season in good standing, will receive a certificate of recognition.

Basketball: Participate in 50% of contests

Football: Participate in 50% of contests

Golf: Participate in 50% of contests or competes at district

Track and Field: Participate in 50% of meets and earn 25 points

Volleyball: Participate in 50% of contests

Wrestling: Participate in 50% of contests or competes at district meet

The coach of each sport may vary the participation criteria for an individual athlete with the athletic director permission. Participation in playoff games will count toward varsity awards.

Athletic Awards

There will be an Athletic Awards at the conclusion of each sports season. All students who have participated in that sports season and finished the season in good standing shall be honored. Varsity letters and other awards are to be presented at the dessert. All student athletes and their families are encouraged to attend.

Statement of Understanding – Siletz Valley Athletic Handbook

I, _____, have read, understand and agree to the policies described herein. Further, I understand that participation in Siletz Valley Athletics is a privilege and not a right, my signature below acknowledges this.

Student Name

Date

Parent Guardian

Date

Coach

Date

Athletic Director

Date