



WHEN SHOULD A CHILD STAY HOME/BE SENT HOME FROM SCHOOL?

The list below gives school instructions, not medical advice. Please contact your health care provider with health concerns.

GENERAL SYMPTOMS OF ILLNESS	STUDENTS MAY RETURN AFTER... *The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.
 Fever: temperature of 100.4°F (38°C) or greater	*Fever-free for 24 hours without taking fever-reducing medicine.
 New cough illness	* Symptoms improving for 24 hours (no cough or cough is well-controlled).
 New difficulty breathing	* Symptoms improving for 24 hours (breathing comfortably). Urgent medical care may be needed.
 Headache: with stiff neck and fever	*Symptom-free OR with orders from doctor to school nurse. Follow fever instructions above. Urgent medical care may be needed
 Diarrhea: 3 loose or watery stools in one day OR newly not able to control bowel movements	*Symptom-free for 48 hours OR with orders from doctor to school nurse.
 Vomiting: one or more episodes that are unexplained.	*Symptom-free for 48 hours OR with orders from doctor to school nurse.
Skin rash or open sores:	*Symptom-free, which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse.
Red eyes with colored drainage: yellow or brown drainage from the eyes	*Symptom-free, which means redness and discharge are gone OR with orders from doctor to school nurse.
Jaundice: new yellow color in eyes or skin	*After the school has orders from a doctor or local public health authority to school nurse.
Acting different without a reason: unusually sleepy, grumpy, or confused.	*Symptom-free, which means return to normal behavior OR with orders from doctor to school nurse.
Major health event, like an illness lasting 2 or more weeks OR a hospital stay, OR health condition requires more care than school staff can safely provide.	*After the school has orders from doctor to school nurse AND after measures are in place for the student's safety. Please work with school staff to address special health-care needs so the student may attend safely.

ONLY A LICENSED HEALTH CARE PROVIDER CAN DETERMINE A DIAGNOSIS AND/OR PRESCRIBE TREATMENT AND PROVIDE INSTRUCTIONS REGARDING THE STUDENT'S RETURN TO SCHOOL.

Please contact Betsy Brooks, RN at Betsy.Brooks@lincoln.k12.or.us or 541-635-2249 if you have questions or concerns about your student.